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Sandgate

GUIDE

FREE SEPTEMBER 2022

CARING
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ANITA EAST:
EMPOWERING
WOMEN



HAPPY FATHER'S DAY
HOW OUR YOUNGEST 4017 RESIDENTS
WILL SPOIL DAD

COVER PHOTO BRUCE REDMAN

TRADES
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SECTIONS
INSIDE



A photograph of the interior of Bluenose Betty, a bar and kitchen. The background features a well-stocked bar with numerous bottles of spirits and beer on shelves. A large, ornate brass beer tap is mounted on the bar counter. The bar is illuminated by warm, yellow light from a hanging lamp. The foreground shows the dark wooden bar counter and the backs of three high stools.

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the full moon

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MUSIC BY THE SEA

STORY **DONNA PHILLIPS**

SEPT: American born harpist Emily Granger says she's looking forward to her Music By The Sea recital on the 3rd of September. "I'll be bringing my In Transit program - music from my debut solo album on the UK-based Avie Records label."

"ABC Classic listeners will be familiar with much of the music, including works by Australian favourites Elena Kats-Chernin and Ross Edwards, alongside works by some of my other favourite composers from Australia and the USA."

Emily Granger Harp Recital
Saturday 3 September, 7.30pm

OCT: What has four interchangeable hands, one sleek piano, and one grand hall? The answer - Spina & Benignetti Piano Duo, performing down under on the 8th of October. Guess you knew that. Bet you checked the bottom of the page!

"As a couple in music and life, we really like touring, discovering new places, new venues, new audiences and also meeting music students: our artistic life is equally divided between pedagogy and performing on stages around the world," Michele explains.

No doubt the magic of their personal relationship helps navigate the complexities of the piano four hand form. For example, some of the music is upside down. There's the tricky move of hitting notes on the others real estate without colliding. Then there's the issue of sharing just two pedals. And what do the spare feet do to occupy the time?

Sponsored by the Italian Cultural Institute in Sydney, Michele describes the program, "The first part of our recital will be completely dedicated

to Franz Schubert. This choice is certainly related to our new album (Schubert: music for piano four hands), released worldwide by the UK label Ulysses Arts on September 30, 2022."

"The second part is actually an homage to French Music with the transcription of the Prelude, Fugue and Variation op; 18 (recorded on our third album "Visions" - Sheva Collection UK - 2021) and Lucien Garban's transcriptions for piano four hands of two greatest works of his friend Maurice Ravel: Valses Nobles et Sentimentales and La Valse. These pieces will work perfectly for the magical atmosphere of the seaside Sandgate Town Hall."

What do the Italians say? "Magnifico!" Well, guess that just about wraps it up!
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KIDS SHARE WHY THEY LOVE THEIR DADS

STORY **ALYSSA MACKAY**

t's Father's Day this month and the Sandgate Guide wanted to celebrate the occasion by asking local children what they loved most about their dad.

We found a few kids at the Einbunpin Festival, who told us what makes their dad special and what they love doing best with their dad. They also revealed a few secrets about what they've got planned on Sunday, 4 September.

"We love to go to the beach and play," said Ava and Riley, who are looking forward to spoiling dad with coffee and breakfast in bed this Father's Day. They talked about how their dad, Grant, was special because he fought in the army.

Mirabella will also be cooking up a delicious breakfast for her father, Chris, and making him a nice card. "We love to play soccer," she said. "He is an amazing dad and takes me to the park and looks after me."

Jasmine and Patrick will be playing soccer with their dad, David, too. This Father's Day, they intend to spoil dad by giving him lots of gifts. When asked what made their dad so special, they said he brings

them hot water bottles for their feet at night.

Caitlin and Liam think their dad, Jason, is the best because "he is loving and caring and teaches us how to use power tools." They love camping together and roasting marshmallows over the fire. As a surprise this Father's Day, they plan on taking dad on a secret fishing trip.

"Dad takes us out to get ice cream together," said Ruby and Georgia when asked what they loved doing best with their father, John. They also have something special planned for Father's Day. "We are taking him on a surprise picnic together." They said their dad loved fishing and camping.

Father's Day is a great opportunity to honour your dad, father figure, or other important person in your life, and the 4017 area offers lots of beautiful places where families can spend time together. Whether you are camping, picnicking or simply enjoying each other's company, we hope you have a very happy Father's Day.



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Margaret Hay, Anne Jenkins,
Heather Valentine

Branch member Sig Vogel said she loved being a part of the QCWA.

"I really treasure the fellowship," she said.

"And it stems from that time when rural women had little to no contact with others, so coming to town was a big deal.

"Covid taught us what isolation was, and we're in a suburban home – imagine being out on the farm, no cars, and it's 100 miles to town."

Mrs Jenkins added the QCWA had a lot to offer women of all ages.

"The relevance for younger people is in the advocacy work we do for families," she said.

"And we're more flexible than people might think. Some branches have night meetings for working women and during Covid, Sandgate was one of the first branches to have meetings over Zoom."

Branch member Nadia Lee added anyone could join the QCWA, if they had a desire to help others.

"We have struggled to shake that old fashioned image," she said. "But we just have a willingness to help and to get involved. We're here to help anyone who wants help if we can."

The ladies will celebrate the organisation's 100th anniversary with a Florin Light Luncheon at the Sandgate Town Hall October 12. The event will feature a raffle, cent auction, an apron parade and a keynote speech by Alex Penhaligon, the great-great granddaughter of the founding president of the Sandgate branch.

The Sandgate branch of the QCWA meets on the third Wednesday of each month at the Sandgate Bowls Club; and they have a casual craft day on the first Wednesday of each month at the RSL sub-branch hall in Burnett Lane.

Anyone interested in joining can email Anne Jenkins at: anniej7@bigpond.com

MORE THAN JUST SCONES

STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

The Queensland Country Women's Association (QCWA) is famous for its scones. But there's so much more to these ladies than just their baking ability.

The QCWA is one of the largest lobby and advocacy groups for women and children in the State, and as the organisation celebrates its 100th anniversary, the ladies of the Sandgate branch are keen to spread the word about what they do.

Branch secretary Anne Jenkins told the Sandgate Guide the QCWA was tireless in its work for women and children.

"We do a lot of work helping women escape domestic violence," she said.

"Midwifery is also an area we advocate for, because in a lot of rural areas women can't birth in their local hospitals, as regional hospitals are being downgraded.

"Basically, any women and children's advocacy and safety issues."



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A TRIBUTE TO THOSE DOING IT TOUGH

STORY **PIPER ZUINO** PHOTO **BRUCE REDMAN**

Homelessness is a complex issue that affects more people than one may know. Gary Sutcliffe is hoping to raise awareness for this issue by combining his love of music and helping others.

Calling Out Your Name is written and performed by acoustic artist Gary Sutcliffe as a part of his new album to raise money for homelessness.

Gary Sutcliffe said this song was inspired by a story he heard on ABC radio about a man who lost his life while living on the streets.

"Calling Out Your Name is the story of a family searching for their father, who was living on the streets, but it also is about the broader topic of homelessness."

"Lines such as 'time won't stop the voices' represent the grief that is experienced by both those living on the streets or in temporary accommodation, and those that care about them," he said.

Gary's album contains a variety of songs that centre around love and people searching for their path in life.

"Most of my songs have been written as an observer of others, with a hint of my own life experiences," he said.

All the revenue generated in the first year of release will be donated to organisations that assist the homeless community.

"For this song, the intention is for the majority of the revenue to go to St Vincent de Paul Society who are active in the Sandgate area, and if it does better than expected, to some other charities who also support this cause."

"I hope to raise over \$200 from the single release, and hopefully more once the album is released on CD and streaming later in the year," he said.

Gary acknowledges that homelessness is not just about finding a place to sleep for the night, and hopes his words can help those doing it tough.

"It feels great to create something you can use to help others, even if I only help one person in some way the process has been worth it," Gary said.

The album is due for release at the end of the year. To stay up to date with the album and donations visit: www.redcurrantrecords.com/blog.



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Sarah Gover from CWA shares a scone with Darren at Sandgate Country Women's Association 'Conversations Morning Tea' with Councillor Jared Cassidy shouting everyone a free cuppa at Bangin' Beans Café, Sandgate.



The giant Jelly Fish ladies were a huge hit with kids and adults alike at this year's fabulous Einbunpin Festival 2022 at Einbunpin Lagoon Park, Sandgate



Cowgirls, Jodie, Christy and Ashleigh are out for dinner and a night of fun at Brighton Hotel at the very first Giddy Up Sandgate Bayside Country Festival held over 5 days at 13 venues around the 4017.



Sandgate Kids Service Managers, Miss MJ, Miss Rachel and Miss Emma, are all dressed up as characters starting with either S or K, for their Trivia Night Fundraiser in Sandgate Town Hall. Can you guess who they have come dressed as?



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GARDENING WITH SALLY

Organic Gardening in September

WITH **SALLY EBERHARDT**

Spring is prime planting time! Take advantage of the mild weather in September to plant your seeds and seedlings. Nurture them now so they will be more robust and better withstand the harsher conditions of summer.



Regular mulching, watering and fertilising now will reward you well in future. Strong plants are more productive and more resistant to insect pests and diseases, while mulching minimises weeds. Ask for organic fertilisers at your local nursery,

compost your scraps, and try to keep your mulch organic too.

Ideas for organic mulches (meaning those that come from plant materials rather than plastic or other inorganic substances) – grass clippings (dry grass is best), hay or straw, sugarcane mulch, leaves (a great way to use the leaves from any deciduous trees or any prunings), bark and woodchips, or compost. Any organic mulch will protect your precious soil microbes, and over time, break down and improve the soil structure as well.

What to plant now - A wide variety of fruit and vegetables including tomatoes, eggplant, capsicums, tamarillo, cucumbers, pumpkins, watermelons, rockmelons, rosella, sweetcorn, okra and choko.

If you don't have them growing already, this is a good time to plant carrots, lettuce, radishes, beetroot, silverbeet, beans.

Image by J Garget from Pixabay



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BEAUTY THE WRITE WAY



STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

Local author and cosmetic clinician, Anita East, is launching the second edition of her best-selling book with a special event at the Sandgate Town Hall.

Beautiful Unique Faces aims to help women and teen girls navigate the world of modern beauty, while helping the reader find what is uniquely beautiful about themselves.

"The second edition has some updated content – because the beauty industry is changing all the time – and it has a new cover as well," Anita said.

"After the first edition came out, I got an email from the sister of a patient of mine, who read the book and thought it would just be me pushing cosmetic treatments.

"But it's the exact opposite! If you want to learn about staying safe when you're flying, you talk to a pilot.

"If you want to stay safe when you're talking about injectables, you need to talk to someone who is in that industry."

Anita said her motivation for the book was to help women feel better about themselves and to empower them to make their own choices when it came to cosmetic beauty treatments.

"There's a lot of dark stuff that goes on in this industry and there are a lot of places who look at a woman's face like it's a problem that needs to be fixed," she said.

"A woman's face is never a problem that needs to be fixed – ever!"

Along with the book's second edition, Anita has also produced a set of affirmation cards, which can be used weekly or daily for women looking for some inspiration.

Anita added she was thrilled her first author talk would be at the Sandgate Town Hall and facilitated by the "amazing" staff at the Sandgate Library.

"This community has been so supportive of the message of my book," she said.

"The 4017 community is so progressive in its thinking about the issues affecting society and they're so passionate about educating and looking after their teens.

"The Sandgate Library is an incredible resource and with team leader Kylie Davidson there, we're so lucky to have it."

To reserve your place at Anita's author talk, go to: www.eventbrite.com.au and search "Meet Anita East". To purchase either the first or second edition of Beautiful Unique Faces, and the affirmation cards, go to: www.anitaeast.com/beautiful-unique-faces-book-2nd-edition. Anita will be signing copies of both editions at the author talk.

Meet Anita East
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REDCLIFFE KITEFEST SOARS

STORY **PATRICIA HIGGINS**

Clontarf's skies are once again set to fill with all the colour and cheer of Redcliffe KiteFest, which is one of South-East Queensland's biggest family-friendly events.

The festival is all about the art and spectacle of kite flying, but also brings a huge array of entertainment for all the family.

CEO, Moreton Bay Region Industry and Tourism (MBRIT), Shane Newcombe said the event was tagged as the 'Ultimate Kids Weekend' with two highly popular children's acts generating a lot of buzz.

"This year we are excited to announce that for the first-time ever we have two headlining children's shows performing – Bluey and Paw Patrol – live on the Sesame Lane main stage," Mr Newcombe said.

Mr Newcombe said that another event highlight was the Hot Wheels Stunt Team Fun Zone, featuring the latest Hot Wheels tracks and merchandise, but that the lineup of attractions did not stop there.

"Naturally, Redcliffe KiteFest features world-class international and national kite flyers, however you've also got the children's shows, live music,

carnival rides, aerobatic display, workshops and activities, markets and food stalls," he said.

According to Mr Newcombe, those coming from further afield or looking for a break from their regular routine would be able to easily plan an entire holiday around the event.

"Families can book a VIP Redcliffe KiteFest package, which includes accommodation, dinner, an exclusive meet and greet with Bluey or Paw Patrol, plus optional experiences such as Whale Watching, Putt Putt and more," Mr Newcombe said.

Those looking to fly their own apparatus would not be disappointed, with facilities set up to help both kites and spirits lift high into the horizon.

"Although the Ausbuild Kite Flying Arena is reserved for our professional kite flyers, we will have our public kite flying zone open for the entire weekend – where attendees can fly their own kite," Mr Newcombe said.

If you don't have a kite, you can build your own in our Kite Making Workshop or purchase one from a market stall.

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\$4.3M FUNDING FOR SHORNCLIFFE ESCARPMENT

Jared Cassidy

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Works are set to begin on the Shorncliffe Escarpment thanks to \$4.3 million Federal Government funding.

Brisbane City Council have announced the works as part of its Shorncliffe Escarpment management plan, following significant damage to the area after the February floods.

Deagon Ward Councillor Jared Cassidy said he had received many enquiries from residents and visitors about the damage.

"The damage might not have been easy to spot from the car or walking along Lovers Walk, but there were some sections that were seriously eroded and what we saw in February this year sped up that process," Jared said.

Large sections of the escarpment are currently closed off, including the Palm Avenue stairs.

"There have been significant changes to the escarpment over the last 100-plus years with old photos and paintings showing much more gentle slopes leading down to the water's edge. Today there are sheer cliff faces and scarping along big sections," Jared said.

"The damage to the stairs at the top of Palm Avenue was unexpected but shows how serious this issue is."

The works will be funded through the Federal Government's Local Roads and Community Infrastructure 3 (LRCI 3) grant program.

Initial works will include slope stabilisation, rock fall mitigation, repairing the stairs and other damaged infrastructure, and planting of vegetation. Specific works packages are expected to be confirmed over the coming months and notification will be provided to residents as works occur.

"Planting to stabilise the escarpment will be difficult to achieve but is essential for stabilisation," Jared said. "There will also be vegetation management to ensure the views out to Moreton Bay are able to be enjoyed at key locations."

Anika Wells MP said she was pleased the Federal Government had delivered funding to restore the escarpment after February's flood event impacted so many in the community.

"The escarpment is an iconic part of the Lilley electorate," Anika said. "By making it safe again, local residents will be able to run, walk their dogs and fully enjoy this unique part of Brisbane. It's imperative we keep this wonderful part of the world safe for everyone."

The works are scheduled to begin in mid-2022 and be completed by mid-2023.

For more information search for Shorncliffe Escarpment management plan on www.brisbane.qld.gov.au



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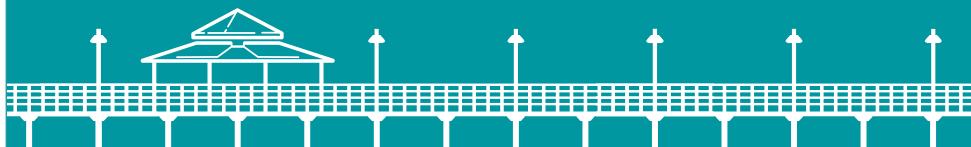
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Beware of Online Scams

WITH **SNR CONSTABLE VICTORIA CHRISTENSEN**

Now more than ever, we need to be more aware of social networking and internet scams.

Talking to a person over the internet is different to talking to a person face to face. It's also harder to establish trust (people can say anything without having to back it up) and when said from behind a keyboard, body language and visual cues get blocked.

Social networking sites are a great way to communicate with people, but there are a few things which you need to be aware of:

- Identity crime
- Fraudulent emails
- Malware

However, each of these can be overcome with a few simple steps.

One of the biggest threats on social networking sites is the need to post excessive amounts and levels of information. The internet isn't as private as we might think, and our posts can be viewed by people other than our contacts.

Therefore by putting high levels of information on the internet and inadequate security settings can increase the risk of identity crime. By limiting exposure, we can reduce illegitimate emails that want us to enter our private information by phishing and we definitely want to avoid scamming traps that attempt to secure any of your financial credentials unknowingly.

If you need help check out www.scamwatch.gov.au for more information.



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BLUENOSE BETTY GETS GIGGING

STORY **PATRICIA HIGGINS**

For some time now, the people of Sandgate and neighbouring regions have looked to Bluenose Betty for expertly prepared bar food and drinks - all served up in a laid back yet welcoming atmosphere.

Now a talented collection of musicians from all across Brisbane will perform live at this popular venue every Sunday afternoon, as part of the bar's new schedule.

According to part owner and operator Ryan Northern, a cold schooner of Black Hops beer

or a crisp French Rose would best accompany this regular programme of live music – alongside Sandgate's often beautiful clear blue skies.

"We'll be running an awesome mix of chilled back acoustic artists to just get you into that classic 'Sunday arvy' mood'," Ryan said.

Described affectionately by Ryan as 'our little Sandgate bar', Bluenose Betty is a family-run enterprise open midday to late, seven days a week.

"It really is just an easy-going spot to hide away from the world with some good friends and family for a while," Ryan said.

To find out more about Bluenose Betty, including making a booking, discovering what's on and enquiring about functions and parties visit online at www.bluenosebetty.com.au and search for the business name on Facebook and Instagram.

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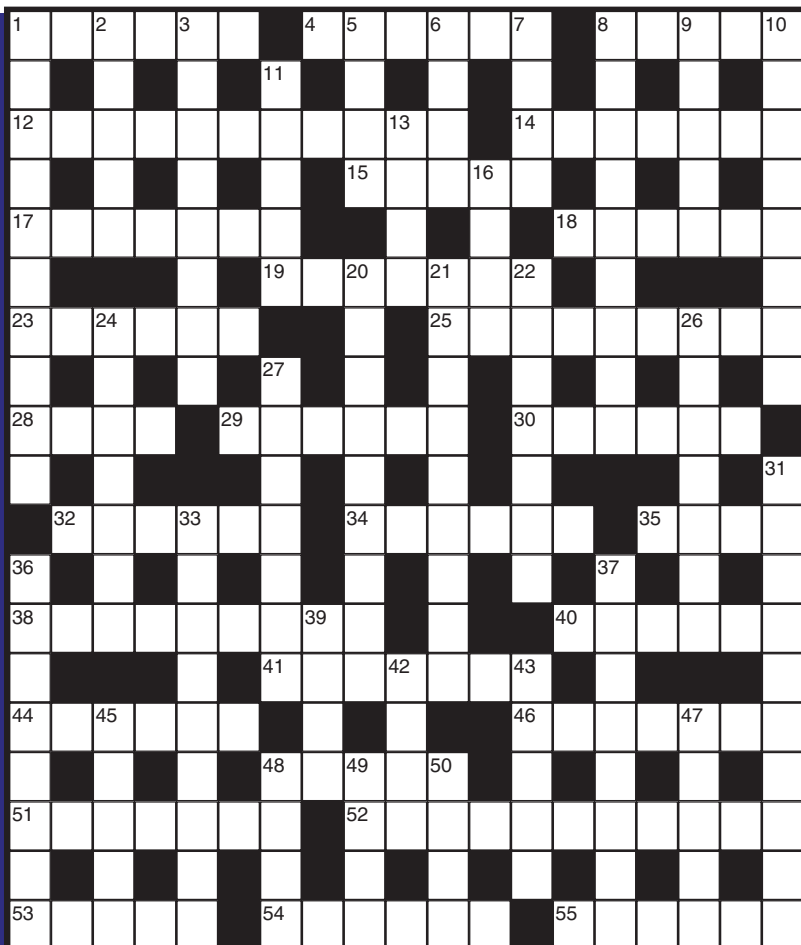
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ACROSS

- 1 Car protector; ___ bar
- 4 Glazed cotton fabric
- 8 Ship of the desert
- 12 Eateries, cafes, etc
- 14 Dilemma
- 15 Twosomes
- 17 Cry out
- 18 Vascular organ
- 19 Hesitating
- 23 Missive
- 25 Rambled
- 28 Zero
- 29 Layer of plywood
- 30 Increase outwards
- 32 Wide street

- 34 Commotion
- 35 60 minutes
- 38 Famous tenor
- 40 Aussie lizard
- 41 University award
- 44 Oversensitive
- 46 Earthenware jug
- 48 Rush
- 51 Insert in the same envelope
- 52 A musical work
- 53 Vista
- 54 Corsages
- 55 Catch fire

Solution: Page 82

DOWN

- Down
- 1 Marginal
- 2 Melody or harmony
- 3 Radiated
- 5 Back
- 6 Sense of smell
- 7 Garment fasteners
- 8 Diced (7,2)
- 9 Fracas
- 10 Fizzy drink
- 11 Hike
- 13 Tows
- 16 Point of a fork
- 20 Unsure
- 21 Spontaneous
- 22 Small antelope

- 24 Israel's financial capital (3,4)
- 26 Knock over with a car (3,4)
- 27 Extreme happiness; ___ heaven
- 31 Organise ahead
- 33 Santa's home (5,4)
- 36 Pure
- 37 Comforting
- 39 Roman cloak
- 42 Upon
- 43 Reel
- 45 Male relative
- 47 West Indies nation
- 48 Chickens
- 49 Disfigure
- 50 TV trophy

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SANDBAG Recognised at Training Awards

STORY **ALYSSA MACKAY**

Sandgate and Bracken Ridge Action Group Incorporated (SANDBAG) will progress to the state finals of the Queensland Training Awards this month, after being named a Metropolitan regional winner in July.

SANDBAG won the award in the Community Training Initiative of the Year category for its Greening North Brisbane program, funded under the Queensland Government's Skilling Queenslanders for Work (SQW) initiative.

Skills and Employment Manager Rhiannon Buglar said it was the second time SANDBAG had been a finalist and the first time they had won the award for their SQW programs.

"It was very unexpected," Rhiannon said. "Myself and our Operations Manager, Shelly Knight, just looked at each other for a moment in disbelief. Afterwards though, we couldn't



Rhiannon Buglar (Skills & Employment Manager) and Shelly Knight (Operations Manager).

wipe the smile off our faces. It means the world to SANDBAG, a great way to celebrate

turning 30 this year. It is also a validation of all the hard work our staff put in each day."

The Community Training Initiative of the Year award is presented to community based, not-for-profit organisations that provide outstanding assistance to Queenslanders to gain the skills, experience and qualifications required to enter and stay in the workforce.

The Greening North Brisbane program sees participants undertaking a traineeship to complete a Certificate I in Conservation and Land Management, with 80 per cent achieving employment outcomes this year.

The state finals take place on Saturday, 17 September at the Royal International Convention Centre in Brisbane.



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WELCOME TO GHMX!

GAMING, HOBBY & MODEL EXPO

105th Armoury Hobby Store

STORY **JULIA LEWIS**

Australia's first event dedicated to gaming, hobbies & model building.

Organised and presented by The 105th Armoury hobby store, GhMX is an exciting event where hobbyists and gamers will unite to compete and showcase their extraordinary talents.

The event, which is pronounced 'Game-X', is offering something for everyone including tabletop & card gaming tournaments, creative workshops, retailers and the GhMX Model Build Competition.

Event Manager, Giampaolo 'G' Maddaluno, said the expo has something for everyone and aims to bridge the gap between the gaming and hobby industry.

"There are free model build areas for kids, workshops, a gel blaster range, guest speakers, local artists and competitions for both gamers and modellers," Giampaolo said. "You can even get involved in a game of Dungeons & Dragons alongside our own Dungeon Masters!

"Families and attendees of all ages are welcome as we have many retail traders showcasing products from brushes and paint sets to custom dice, board games and even RC cars."

The event will include model building competitions which will have age levels and grades to suit varying skill levels. The gaming competitions will include quick rounds for shorter matches and tutorial sessions for first timers.

Giampaolo said that while the competition winners will get a prize, recognition by their peers is what is most important.

"All winners from the gaming and model build competitions will receive prizes, but it's not just about prizes. It's recognition amongst their peers for the effort, time and dedication that goes into building a model, painting terrain or preparing a deck for a card game."

The event puts a strong focus on interactivity and keeping the community engaged.

The expo is for anyone who likes to build and create, gamers who would like to learn new skills or for anyone who would like to take up a hobby.

Giampaolo said that this event is the first of its kind, creating a new audience of gamers and hobbyists.

"Many gamers don't get to see all the products available out

there to construct and finish elements of their games. We're creating a new audience in some respects," Giampaolo said. "We essentially want to give everyone, especially kids, a better option than a device to occupy their time."

GhMX: Gaming, Hobby & Model Expo
Saturday 1 and Sunday 2 October
Strathpine Community Centre,
199 Gympie Rd, Strathpine

Tickets: adults \$15, kids 6 and under are free, kids 7-14 \$5, family pass \$35 - 2 adults & 2 children. For more information visit www.ghmx.com.au or find them on Facebook @GhMXEvent. All ages are welcome to enter the Model Build Competition, just be sure to register beforehand.





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Linda, David, June, Cheryl

STORY **BROOKE JACOBSON** PHOTO **BRUCE REDMAN**

Residents of the 4017 have a hidden natural gem right on their doorstep and a group of dedicated volunteers are looking for your help to preserve it.

The Dowse Lagoon Bushcare group cares for a significant site next to the lagoon. Group founder Frank Box said volunteers spend one morning a week weeding and planting.

"Every bird in Australia feeds on insects, and if we want to encourage birds and other wildlife, we need to grow insects," he said.

"Most insects are fussy and local – they will only eat local plants. So, we remove weeds and put in local plants."

Volunteer Julie O'Neill said she loved spending her Wednesday mornings helping the bushcare group.

"It's so beautiful there, it's really my happy place and it's amazing how much you can get done with a small group of volunteers in just one and a half hours each week," she said.

"I cannot believe the difference you can make; it gives me so much hope."

Julie added volunteers didn't have to come every week.

"People turn up when they can, and there's no need to tell anyone if you can't make it that week," she said.

"I like it because I know I'm done by 8am – you get in, do your thing and help, and then off you go."

All the tools are provided by the group, and volunteers are simply asked to wear closed in footwear and a long-sleeved shirt.

Frank said Dowse Lagoon was included in the 1993 Ramsar Convention listing of Moreton Bay, meaning it was officially a "wetland of international significance".

"Australia has an obligation to manage the site using ecological principles, which is what we try to do," he said.

"We have three lagoons here – Einbunpin, Dowse and Third Lagoon. Dowse has the most natural diversity still and it's important we take care of it and make sure it's in good condition.

"We hope the community wants to get in and look after their patch."

The Dowse Lagoon Bushcare Group meets each Wednesday morning from 6.30am to 8am.

If you're interested in volunteering, email: dowsebushcare@gmail.com



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STORY **BROOKE JACOBSON**

Wax lyrical with local poets

Poets on the Park Sandgate meets on the third Tuesday of the month at 6pm to recite and enjoy listening to poetry and music.

Meetings generally take place at St Margaret's Anglican Church on Rainbow Street, Sandgate and anyone is welcome. No poetry experience is needed.

To find out more, search Facebook for Poets on the Park Sandgate.

Bend and stretch at gymnastics

Brisbane City Gymnastics Club is calling on all interested boys and girls to be part of their competitive acrobatic gymnastics squad for the 2022/23 season.

Training is held at Brendale.

Please email: acro@bcgc.com.au if you would like to try out.

On the buses

Deagon Ward Councillor Jared Cassidy is asking locals to put their views forward on Brisbane's bus network.

"This is a great chance to speak up and provide your feedback on both existing services and services you'd like to see added," Cr Cassidy said.

To access the Brisbane City Council online survey, head to Cr Cassidy's Facebook page to find the link.

Big butterfly count

Take part in Brisbane's Big Butterfly Count, a citizen science project that encourages

residents to think more about the butterflies in the region, as well as recording those they see. This fun event will be held at the Boondall Wetlands on Sunday September 4 from 10am to 11.15am. It's free to attend and all children must be accompanied by an adult. Please wear a wide-brimmed hat, secure and fully enclosed walking shoes, sun-smart clothing, sunscreen, and insect repellent. Please bring drinking water and a snack or picnic lunch. To book your place, search Eventbrite for Sustainable Living: Brisbane's Big Butterfly count!

In the swim

Have you ever wanted to try club swimming? Bracken Ridge Swimming Club are hosting two free "come and try" nights before the new season starts in Term 4.

Come along to the club on either September 6 or 13 at 6pm. Events will include the 12.5metre/25metre/50metre freestyle and backstroke; and the 25metre/50metre breaststroke and butterfly. Register your interest by emailing: secretary@brswim.org.au

Shorncliffe Food Truck PopUps

Come down and support the Polynesian Va'a Alo Outrigger Canoe Club as they paddle to the finish line in Shorncliffe and grab some street food at the same time! On 24 September from 11.30am to 3.30pm, bring a rug, listen to live music and enjoy street food from Truck Pop Ups. VMR Brisbane will be putting on the bar with craft beer, wine and cider. For more information www.facebook.com/events/5195834580469632?ref=newsfeed

Health & Psychic Expo

It's All In The Cards is hosting a health & psychic expo at Strathpine Community Centre on Saturday 24 September.

There will be psychic and tarot readers, healings and crystals plus a variety of stall holders. Tickets are \$5 at the door.

For more information: www.facebook.com/events/612816910028160/?active_tab=about

Laurie's Beach Walk

Ramble on Bramble this month will be held on Monday 19 September. Meet up at the old Baptist Church on Flinders Parade. The walk will commence at 9.30am. For bookings, phone 0410327095

Tea with History

September's Tea with History will be held on Thursday 29 September at 10am. The event will be held at the Sandgate Historical Museum, 150 Rainbow Street Sandgate. The cost is \$10 and bookings are essential. Phone 3869 2283 to reserve your place.

Stand up Paddling Fun

Now that Spring is here, try something new and get a great workout at the same time. Brisbane SUP Club will be holding their SUP Club meet on Sunday 11 September. For more information on costs and to register go to allevents.in/brighton/brisbane-sup-club-meet/200023131249109

Bladnoch Single Cask Event

Join the folks at Bluenose Betty on Thursday 22 September for a rare chance to try some of the best Bladnoch to date. This is a sold out limited single cask set of six different Whiskeys. For information and bookings go to www.eventbrite.com.au/e/bladnoch-single-cask-event-3-tickets-385675936107

Would you like to contribute to Bramble Bites?

Is there something you're talking about on social media, at the school gate or the local café? Email Brooke to be included in the next edition of Bramble Bites: editor@sandgateguide.com.au

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WOMENSPACE CELEBRATING 25 YEARS.

Ann Ingamells, Lyn Hickey, Ludmila Doneman, Kylie Heenan

STORY **JULIA LEWIS** PHOTO **BRUCE REDMAN**

For 25 years, Womenspace has provided a place where women from all walks of life can connect, reflect together as women, and explore their spirituality.

Womenspace started in 1997 when eight women discussed the need to provide a place within their community where women could come together to share their stories and life experiences. In September that same year, the group organised an open meeting which was attended by an impressive 68 women. At this meeting they agreed on one theme: 'a space where women could reflect together as women, their life patterns, and above all, their spirituality'.

In 1999, the Sisters of Mercy purchased a property in Kedron that would be the first home for Womenspace. A decade later, the old building was declared structurally unsound and so Womenspace had to move. Undaunted, they continued to hold events in rented spaces and public libraries until they found their new home in Sandgate.

Chair of the Management Committee, Ludmila Doneman, said that Womenspace is a vital part of the community and provides a creative and spiritual place for women of all backgrounds.

"There was a need for a space where women could connect, reflect together as women, their

life patterns, share their stories and explore their spirituality," Ludmila said.

"We are a solely independent women's organisation with no affiliation to an external body."

To celebrate the 25th Anniversary, Womenspace is hosting an Open House on Saturday 24 and Sunday 25 September, where visitors will have the opportunity to share stories and enjoy a screening of a short film created by Young Women Project. They will also have the opportunity to contribute to the ongoing Spiral Project, where they can decorate or paint pod seeds which will be added to the artwork that began more than 20 years ago.

For women who are new to Womenspace, Ludmila said that coming along to their weekly Cuppa and Chat held every Wednesday is a good start.

"We welcome all women of any age, all cultures, all skills and diverse backgrounds who wish to connect, learn and discover more about our community."

To find out more about these events and other activities, visit www.womenspace.org.au or find them on Facebook at www.facebook.com/womenspaceAust

Womenspace

11 Second Avenue, Sandgate

Office hours Tuesday and Thursday 9am - 1pm



4017 PET'S ON THE PAGE

STORY **KELLY WALKER**

RALPHY, SCHMOODLE 1 ½ YEARS

Hi! My name is Ralph, or Ralphie as my humans affectionately call me. I'm spoiled rotten by my sisters Tegan, Imi and Phoebe, especially when they give me peanut butter and cheese treats. I love playing fetch and always try to get my feline brother, Kevin, to play with me. However, no matter how many times I bring him the ball, he just sits there and refuses to throw it. I also really like going for walks with



Ralphie

mum, especially when she takes me for puppuccinos or when we go past the lovely gentleman on Nathan Street who always has special cereal treats for me!

BRAX, MIXED TERRIER, 8 YEARS

Hi! I'm Brax and I was lovingly adopted by my human family when I was just a young pup. I love eating jerky, playing with my furry siblings Tigga and Kaiser, and jumping into the pool on hot days. Everyone who comes to visit us knows that I will quickly find my way onto their lap and demand affection, but the cuddles I love most are from my human brother and sister, Jake and Bree. When I'm tired I love finding someone to cuddle up with for a nap or



Brax

sunbaking on the grass - but I have to watch out for bees!

Ralphie's photo supplied by Heidi McNabb, Brax's photo taken by Kelly Walker

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Mr Henderson

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HAVE CANE WILL TRAVEL

Finalist in the Focus on Ability Film Festival

STORY **JULIA LEWIS**

While many people can only dream of making a difference in the world, one local man has turned that dream into a reality.

'Have CANE will TRAVEL' has been recognised as a finalist in the prestigious NOVA Employment 2022 Focus on Ability Short Film Awards. It takes viewers on a light-hearted journey into the life of someone living with a visual impairment and aims to shed light on what it's like living in the community.

Creator and star of the film, Pete Vance, said he was inspired to make the film after receiving a call from Vision Australia.

"In 2020, I answered the call from Vision Australia to participate in their International White Cane Day Concert," Pete said. "It was to be broadcast on VA Radio allowing people who are blind or have low vision from across Australia and the globe to celebrate the day."

"I wrote Have CANE will TRAVEL to celebrate International White Cane Day and performed it with an online video which helped raise funds for the Lions Eye Institution in Western Australia."

The film, which was shot at Einbunpin Lagoon Park in Sandgate, is aimed at both individuals and the wider community, helping to raise awareness about living and prospering in the community as a visually impaired person, or a 'VIP'. It celebrates the use of the cane and highlights how such a simple aid provides independence but is also a very important VIP symbol.

"As a VIP, I am so grateful that my long white cane is clearly visible and an international symbol for the blind," Pete said. "For me, it has opened many doors."

Focus on Ability Film Festival has been running for 14 years and asks filmmakers to "Focus on the Ability" of people with a disability. The popularity of the festival has meant that the films are viewed across 168 countries and are voted on by over 1 million people.

While this is the first film Pete has made, he is no stranger to the limelight. An accomplished singer-songwriter, and a regular performer at local events, he has had the opportunity to showcase his talents at several international festivals.

Pete continues to inspire the community with his drive, enthusiasm, and passion.

"As a VIP I've learnt to 'Accept, Trust, and Enjoy' life to the fullest!"

To vote for 'Have CANE will TRAVEL', visit <https://www.focusonability.com.au>

Online voting period is 24 - 30 August.

To watch the film, visit the Focus on Ability website or watch on YouTube <https://youtu.be/rU17oZXDvYk>

FULL MOON HOTEL X BALTER



A friendship is brewing

HISTORY SANDGATE



For two nights Sandgate's lock-up remained in the middle of Yundah street while in course of removal to the new police station in Pier avenue, where it arrived on Tuesday afternoon.

J. E. Lee photo.

Moving the old lock-up in 1927

to the Sandgate Hotel, just down from Flinders Parade.

More certain is the location of the station in the 1880s. In 1881, one Sergeant Quinlan, the officer in charge, reported an infestation of white ants in the stumps of the building then situated in Yundah Street, near St Nicolas Church. Next to the station was a single cell lock-up which, "with the increasing population of the town, the constant flow of visitors and the occasional visit of prostitutes" was judged to be inadequate and a

second cell was added in 1883. A court house also occupied the site, further evidence of a rising crime rate.

Policing in early Sandgate was a mixed bag with police time being taken up by a wide variety of crime ranging from murder to illegal fishing. Inebriation (all those hotels: another three licenced in the 1880s) is frequently mentioned in the crime reports of the day and the influx of tourists once the railway opened in 1882 meant that the police and magistrates were kept busy.

The old police station, increasingly in need of repair, served until 1926 when new premises were erected in Pier Avenue. The new location was not without controversy, the Sandgate Progress Association having reasoned, somewhat self-interestedly, that the station would be better located closer to the centre of Sandgate as "the police station site was more important to business people than to the residential section of the community". This argument perhaps belatedly influenced the next relocation of the police station to its current location in Brighton Road in 1939.

With thanks to the Sandgate Historical Museum. Photograph: John Oxley Library, State Library of Qld, Neg No 186871

Law and order in early Sandgate

STORY **PATTIE TANCRED**

Civilian, as opposed to military, law enforcement in Queensland officially commenced with the enactment of the Police Act of 1863, although prior to that the 'Native Mounted Police Force', a detachment of which was headquartered in Sandgate (population about 25), kept a degree of order in what were fairly lawless times.

In 1861, Nehemiah Bartley reported that Sandgate boasted six houses and one hotel but land sales and the new bridge over Cabbage Tree Creek meant more people (and more hotels – seven by the end of the 1860s), which inevitably necessitated a resident police presence. An 1869 report to parliament tells us that there was a police constable in Sandgate and that he earned 100 pounds a year. Where this officer was located is not known for sure but the first police station is thought to have been in Palm Avenue, adjacent



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Deb Camilleri

SANDGATE CAFE HOSTS 'SWAPPERS' PARTY

STORY **PATRICIA HIGGINS** PHOTO **BRUCE REDMAN**

Drawers spelled in alternate fashion spells rewards, and it's all about giving back at the upcoming Clothes Swapping Party - hosted by Cafe Bohemia in Sandgate.

Described as a time to embrace decluttering one's closet and also an opportunity to connect with likeminded people, the celebration promises a bit of a shindig as well as a sizzling sale.

Event organiser Debbie Camilleri said that karaoke, live music and dancing were planned as entertainment, with food and beverages available as usual from the cafe.

"We are with Breakaways Rock and Roll Club Brisbane (who love to dance) and we will be dancing in front outside the cafe during the clothes swapping party," Debbie said.

A group of local musicians are sure to bring something extra special to the sartorial soiree, with their scheduled live performance.

"Retired teacher and veteran singer Arthur Muller will be on hand to headline some karaoke - he will sing the songs and we will be dancing. Also, we will have Allan Stainer playing saxophone. Together, these guys are great entertainment." Debbie said.

The interior of the cafe will be the site of the event's major activity, with what isn't sold being donated to Salvation Army Sandgate.

"Everyone will bring clothes they either want to swap or give away (they should bring their own bags), and it will be a very fun day," Debbie said.

Debbie said the venue was a beautiful place where regional artists routinely exhibit and sell their works and was responsible for hosting many fabulous events (the Clothes Swapping Party, of course, included).

"It's a funky little cafe that offers so much - a homely feeling, a place of gathering, and an opportunity to engage in deep conversation and enjoy lots of homemade food. Plus, they brew the best coffees," she said.

Debbie asked those who partake in the Clothes Swapping Party to show consideration for using the space by purchasing a meal, or coffee and cake.

Those who are planning to attend the event should also make sure to RSVP on 0432 615 426 by 5 September, 2022.

Clothes Swapping Party
Saturday 10 September, from 11am
Cafe Bohemia
6 Brighton Road, Sandgate



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Bracken Ridge
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COFFEE AND GELATO TO BRIGHTEN YOUR DAY

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Soak up the beauty of the historic Shorncliffe pier while enjoying award-winning gelato and sipping a freshly brewed coffee.



Cocoa Biscotti is a vintage artisan coffee and gelato bar located in Lower Moora Park, owned and operated by husband and wife team Dannielle and Mario Pizzica.

Meaning, 'chocolate biscuit', Dannielle said Cocoa Biscotti was an outdoor café bringing a fusion of contemporary and traditional café culture.

"We offer a wide selection of food and treats from sandwiches to chia puddings, pastries, traditional gluten free biscotti and of course, our artisan Maleny Food Co gelato," she said.

The gelato is created onsite at Maleny Dairies in the Sunshine Coast hinterland.

"You can't go past the gold-medal winning chocolate," Dannielle said. "Mango is a great summertime favourite also, especially ordered topped with fresh macadamias. Their making process and ingredients are pure, traditional and ethical, making an outstanding artisan gelato."

Visitors are in for a special treat each weekend.

"On Saturdays, we have authentic cannoli made by our very own real Italian chef, Mario," Dannielle said.

"Sundays hold our Pottery Market with specialty coffee and piccolo cups and wares by Earthed Ceramics, our in-house ceramic label."

No visit to Cocoa Biscotti is complete without a taste of their exclusive coffee by Espresso di Manfredi, created by world-renowned, Italian-born chef, Stefano Manfredi.

Described by Danielle as "a nuanced coffee blend with elegant acidity, smoothly balanced with fruit and chocolate sweetness that speaks body, strength and complexity", it can also be sampled as a take-home, spiced cold brew in the warmer months.

It is easy to spot Cocoa Biscotti in Lower Moora Park, because the business operates out of two vintage Italian vehicles called Piaggio Apes, which have been imported from Italy and fitted out in Australia.

Dannielle said their ethos was to create an atmosphere of connection to each other and the beautiful landscape of Shorncliffe.

"Throughout history, Shorncliffe has always been a place where people gather to enjoy life and create wonderful memories together and the best part of our job is being able to help facilitate and witness that experience," she said.

Cocoa Biscotti is open everyday except Tuesday, from 5:30am to 2pm on weekdays, and 3pm on weekends. Follow Cocoa Biscotti on Facebook and Instagram for more information, special promotions and opening hours.

Local DINING GUIDE



Lower Moora Park,
Moora Park, Shorncliffe
Artisan Coffee & Gelato Bar
0450 771 884

COCOA BISCOTTI

Feature: Cocoa Biscotti is a vintage artisan coffee and gelato bar located at the historic Shorncliffe Pier. We serve exclusive di Manfredi coffee and Maleny gelato alongside a selection of pastries, biscotti and sandwiches.

Follow us on fb Cocoa Biscotti Coffee & Gelato
insta_cocoa_biscotti_for more info.



6 Knox Street, Sandgate
Coffee Shop

CYPHER COFFEE

Feature: Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

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Open 7 days from 5.30am.



2 Queens Parade, Brighton
Wine Bar
0416 689 465

ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri - 3-9pm,
Sat/Sun 1-9pm



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196 Flinders Pde, Sandgate
(opposite pool)

Seafood, Burgers & Beers

3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



1 Loudon Street, Sandgate
(across from the town hall)

Breakfast, Lunch and Coffee

3269 1629

MYRTLE & BLOSSOM

Feature: Discover Sandgate's inspired new approach to casual eating. We're here to share the joy of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday
7.30am - 2.30pm



154 Barrett St, Bracken Ridge
Bracken Ridge Tavern

Steak & Rib House

3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late.
www.thebrt.com

Local DINING GUIDE



6 Park Parade, Shorncliffe

**Modern Australian
& Mediterranean**

0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.



Sinbad St, Shorncliffe

Bar Restaurant Functions

3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au
All public very welcome!



7 Fourth Avenue, Sandgate

Homestyle Café

3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday 9am-2pm, Tuesday to Friday 8am-2pm. Sat & Sun closed at present.



50 Keogh Street, Sandgate

Casual Dining

3609 2001

THE SANDS SOCIAL RESTAURANT & CAFE

Feature: Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.



SANDGATE | BRIGHTON | DEAGON
SHORNCIFFE | BRACKEN RIDGE



227 Rainbow St,
Shorncliffe

Specialty Coffee House

0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.



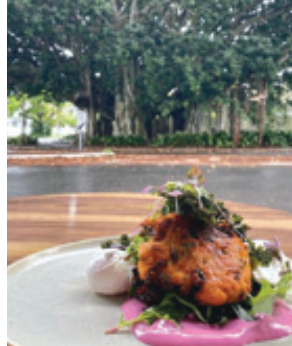
227 Rainbow St, Sandgate

Café

0413 940 277

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



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A WORD FROM OUR REPRESENTATIVES

CR JARED CASSIDY

How good was the Einbunpin Festival! It truly is one of the best local events each year and 2022 was no different.

With thousands across the Northside joining us to celebrate 30 years of the community event, we all got to enjoy great food, live music and hundreds of stalls right here in the heart of Sandgate.



A special mention to the bump-in crew, volunteers and of course all those that attended throughout the day, without your efforts this Festival just isn't possible!

We've also got exciting news with a number of local projects progressing well here on the Northside. With community consultation to begin soon on the long overdue Brighton Foreshore Upgrade and the Shorncliffe Escarpment works finally kicking into gear, there's a lot to look forward to in the coming months. Thank you to Anika Wells MP for her support in getting both long overdue projects moving. With various park and playground upgrades on the horizon as well be sure to keep an eye out for more updates @councillorcassidy

STIRLING HINCHLIFFE MP

The Queensland Government is committed to building, maintaining, improving and renewing schools across Queensland.

As part of this investment, a new performing arts centre at Sandgate District State High School will be constructed, which is in line with delivering my key election commitment.



This project will include the relocation of the existing multi-purpose courts, demolition of Block H and L along with the performance hall and construction of additional car parking.

I also recently had the pleasure of turning the sod on the new multi-storey learning centre at Bracken Ridge High State School. This project will deliver a new two-storey learning centre with four learning spaces and four specialist learning spaces; a refurbishment and conversion of two spaces into a Science Laboratory in Block B; and a refurbishment and conversion of drama and music spaces into three learning spaces in Block D.

It's truly great to see the Palaszczuk Government continuing to prioritise education and provide students with the best possible opportunities to further their education. I'll be following the progress of these projects through to their completion. Taigum State School have also reported their car park revamp has now been completed and is helping to get more cars off Handford Road.

CR SANDY LANDERS



Brisbane residents have benefitted from more than \$4.5 million in rates relief following Brisbane's devastating February flood. Sadly, there are still some people who haven't been able to move back into their homes so we are stepping in to help them with a new one-off \$1000 rebate for severely flood-damaged properties. To see if you are eligible and to apply for the 'Uninhabitable Residence Rebate' until 30 September, search for Brisbane City Council rates rebates on <https://www.brisbane.qld.gov.au/>

Brisbane's most anticipated event of the year, The Brisbane Festival is on throughout September with so much to see and do. Don't miss the free Brisbane Serenade 'Heavy Congress' at O'Callaghan Park from 1.00 pm to 5.00 pm on September 24. Go to www.brisbanefestival.com.au/whats-on/2022 for a comprehensive guide to what's on.

This year the Zillmere Festival celebrates 20 years and will feature over 20 culturally diverse acts. There will be free activities and workshops for all ages and wonderful food to enjoy. Make sure you get down to O'Callaghan Park on October 8 from 10.00 am to 3.00 pm to join in celebrating our multicultural community.

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ANIKA WELLS MP

Not-for-profit community organisations can apply for up to \$5000 as part of the Australian Government's Volunteer Grants program 2022-23.



Grants of between \$1000 and \$5000 are available to eligible community organisations in the Lilley electorate to support the efforts of their volunteers.

The grants can be used to buy small equipment for volunteers, or for the reimbursement of volunteer fuel, transport or training costs, or to purchase items that help promote awareness of volunteering opportunities.

Expressions of Interest are open until 5pm on Friday 23 September 2022. To be eligible, applicants must be a legal entity, an unincorporated association, a not-for-profit organisation, utilise volunteers (which make up at least 40 per cent of the organisation's staff), and have an ABN (or provide a Statement by Supplier Form).

A community consultation committee will develop a shortlist of recommendations to be submitted to the Department of Social Services for assessment. Contact the Lilley electorate office for an Expression of Interest application form by emailing Anika.Wells.MP@aph.gov.au or by phoning 3266 8244.

Contact us on **07 3869 1000**
to discuss your eligibility and needs

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PODCAST OF THE MONTH

'Popcorn Podcast'

PODCAST REVIEW **NICK ALLFORD**

Two Aussie mates manage to bag some of the biggest names in Hollywood.

Back in 2019, after years apart, old friends Leigh and Tim reconnected through their mutual love of movies and saw a gap in the market for movie reviews from trusted sources that help the listeners make informed choices.

This isn't just two mates spinning cinema related yarns, they review the newest features, keeping you up to date with the latest movie news plus great A-list interviews. Interviews include Hugh Jackman, Eric Bana, Sam Neill, Jamie Lee Curtis, Jake Gyllenhaal to name but a few.

Popcorn Podcast entertains and delights with insightful spoiler free discussions, delivering a new snackable 30 minute morsel every week. Their styles complement each other really well. Movie buff Tim with his love of all things film and Leigh with her insights and entertainment journalism experience. Occasionally a special guest host is brought in to mix it up, like Brisbane local Nick - from 'Nick's Flix Fix'.

All in all, it's the closest thing to emulating that important post movie chat with mates, where you can dissect, deliberate and have a laugh over your popcorn... if you didn't eat it all during the trailers. A must for fans of film.

Listen to 'Popcorn Podcast' wherever you find your podcasts.

Sandgate Museum Looks to the Future

The Sandgate Museum is looking forward! As a self-funded organisation, the Museum generates an income so that it may meet operational costs. To assist with future planning, the Museum will hold a Visioning Workshop on Thursday, 8 September.

The aim of the workshop is to explore how, over the next few years, the Museum can continue to not only generate revenue but also maintain and reinforce the Museum's role and character as a heritage resource serving Sandgate and the local district.

The ideas generated on the day will be researched and will contribute to an operational plan scheduled for completion in early 2023. NeoT Solutions, who specialise in partnering with heritage, cultural and the arts community organisations, will assist with not only the workshop but also the operational plan.

Financial assistance for the work has been provided by the Brisbane City Council, and the Museum expresses its gratitude and appreciation.

Members of the Museum, along with others who may wish to participate in the Visioning Workshop can register their interest by emailing the Museum at info@sandgatemuseum.com.au



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Anika Wells

FEDERAL MP FOR LILLEY

1176 Sandgate Rd, Nundah QLD 4012
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FISH OF THE MONTH

LIONFISH PTEROIS VOLITANS

STORY **PETER HANSLER**

This strikingly beautiful fish is quite prolific in Moreton Bay and can also be found from south-western Western Australia, around the tropical north of the country and south to the southern coast of New South Wales. Other common names are Butterfly cod, Firefish, Scorpion cod, Turkeyfish and Zebrafish.

It is a relative of the Stonefish and has the same 13 venomous dorsal spines that can inflict major pain if stung. The pelvic fin spine and three anal fin spines are also venomous. They grow to around 40cm, eat mainly live food and are an extremely rare catch by fishing line. They are quite sought after for the aquarium trade, quite easily becoming tame and taking food from your hand. Also very easy to catch when diving as they are not scared of humans.

The common Lionfish is a highly invasive pest species on the East Coast of the United States and in the Caribbean, and is having a devastating effect on reef fish populations. It is quite tasty as an edible species and is now targeted by spearfishing and on the menu in some American restaurants.

You can see these beautiful fish in the aquariums at The Shed at Tackleland Sandgate

For more amazing images go to "Petes Fishing and Underwater Videos"

www.facebook.com/media/set/?set=a.1351064231724772&type=3

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we can assist with the process.





SHORNCLIFFE GETS EXPRESSIVE

STORY **PATRICIA HIGGINS**
PHOTOS **DIANE HODGE PHOTOGRAPHY**

The annual Expressions exhibition is a regional event quite unlike any other and a staple of the local arts community since 1983.

Presented by Shorncliffe Pottery Club Inc. and the Sandgate Art Society, the three day extravaganza of pottery, painting, sculpture and photography gives attendees the chance to discover local artworks and even purchase their own unique piece to take home.

Tamara Vitale, President of the Shorncliffe Pottery Club said the exhibition was the 15th iteration in its 16 year history – following a forced hiatus in 2020 due to a peak in pandemic condition – and that people should once again feel good about financially supporting local artisans.

“What is amazing about owning a piece of artwork from a local artist is that it will be unique – no one else will have the same piece,” Ms Vitale said.

With all artwork at Expressions 2022 available for purchase, pieces entered into the judged section can be secured at any time during the exhibition and collected at closing time on the Sunday.

“Any artwork purchased at our ‘\$50 and under’ sales table (all non-judged) can be taken home on the day of purchase,” Ms Vitale said.

The three-day exhibition will include an opening night on Friday 30 September from 6pm-9pm that will offer complimentary light snacks for attendees, with beverages available for purchase from \$5 each.

The location is the Callan Centre at St Patrick’s College, which has been the studio and workspace of the Shorncliffe Pottery Club since their inception over four decades ago.

Public entry across any of the three days is via a gold coin donation, with a raffle also available (the prize includes wine, food, books, chocolate, pottery, gift vouchers and more).

Ms Vitale said local entrants were starting to prepare their works now that artist submissions had opened (entry forms must be received no later than midnight Thursday 8 September 2022).

To find out more about Expressions 2022, either in terms of accessing links to entry forms as an artist or as a general attendee/ to purchase raffle tickets visit www.shorncliffepotteryclubinc.com.au/expressions.

Expression 2022

Friday 30 September, 6pm-9pm, Saturday 1 October, 9am-6pm, Sunday 2 October, 9am-2pm
Callan Centre, St Patricks College
Pier Ave, Shorncliffe.

Expressions 2022

EXHIBITION

“local artists exhibiting
pottery, painting, sculpture
and photography”

Callan Centre
St. Patrick's College
Pier Ave, Shorncliffe
30 September – 2 October 2022
Opening Night
Friday 30 September 6pm – 9pm



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SQUID FISHING IN BRAMBLE BAY!

STORY **KELLY WALKER**

Fishing has long been a family-favourite pastime for Bramble Bay residents, but it may come as a surprise that catching squid in our local waters is a lot more fun and accessible than some may believe. Mark Templeton, owner of Tackle Land in Sandgate, shares some tips and tricks for catching these tasty table fish right at our doorstep.

"I grew up in country Victoria and fished the Murray River for as long as I can remember," Mark said. "Now I mainly fish between Redcliffe and Nudgee, and we're fortunate that squid can be caught here year round right in Moreton Bay."

Mark explained that although land based squidding is easier in the cooler months, squid are close by all year and are relatively easy to catch.

"Catching squid doesn't require a specific skill set so it is perfect for kids and novices," said Mark.

"Around piers, jetties, rock walls and weed banks are the ideal places to search and you'll have the most success after dark in lit areas that attract bait fish."

In general, squid seem to prefer clean, clear water, flowing over weeds or other discoloured surfaces where they can camouflage into their surroundings.

Luckily, squid fishing doesn't require a big investment in gear either. "You simply need a squid jig (which has a \$5-\$50 price tag), and a light rod or even a handline," Mark said. "Squid fishing is a very simple sport. You simply tie on a squid lure, cast it out, allow it to sink a metre or two, and then gently flick the rod as you slowly retrieve your lure."

Although there are a few different species of squid in South East Queensland, Arrow and Tiger are the most prevalent in local waters. Despite their relatively short lifespan, these species are avid breeders and grow very quickly.

"There is no size limit for catching squid," said Mark, "however, there is a "possession limit" of 50."

Bramble Bay offers loads of family-friendly fishing opportunities and no age is too young or old to get started. Whether you're new to fishing, or just new to fishing in the Moreton Bay area, there's no time like the present to give it a go.

For tips on squid fishing or other local fishing advice, visit www.tackleland.com.au.

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SEPTEMBER What's On.

01 THURSDAY

MORNING MELODIES WITH DAVE GRAY

The Sands Social 11:30am

BOOKS ANON. BOOK CLUB

EclecTea 6:30pm - 10pm

First Thursday of every month: Details on Facebook <https://www.facebook.com/events/165425998743196/>

OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

02 FRIDAY

OASIS MAK

EclecTea 4pm

UNPLUGGED CAFE

Sandgate Community Centre 6pm

FIFTH AVE

The Sands Social 8pm



THE OPEN MIC ALL STARS

Phoenix Bar, Bracken Ridge Tavern 8pm

RIVER CITY SLING

Full Moon Hotel 8pm

03 SATURDAY

SATURDAY ARVO SESH W MAK & FRIENDS

EclecTea 5pm

EMILY GRANGER HARP RECITAL

Music By The Sea 7:30pm

EMILY GRANGER

Sandgate Town Hall 7:30pm

EMILY GRANGER HARP RECITAL

Sandgate Town Hall 7:30pm

BEN STEWART DUO

Full Moon Hotel 8pm

LR MARSH

Bracken Ridge Tavern: Phoenix Bar & Lounge 8pm

CHAMPAGNE JAM

The Sands Social 8pm



04 SUNDAY

CHURCH SERVICE

Sandgate Presbyterian, 50 Loudon St Sandgate 10am - 11:30am

BRETT WHITMORE

The Sands Social 1:30pm

PETE CULLEN DUO

Full Moon Hotel 2pm

KATE LOCKYER

na 2:30pm

TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

EMQ

Phoenix Bar & Lounge 3:30pm

08 THURSDAY**MORNING MELODIES WITH TRACY VAUGHAN**

The Sands Social 11:30am

OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

09 FRIDAY**OASIS MAK**

EclecTea 4pm

FIFTH AVE

The Sands Social 8pm

MAT MCCOUAT

Bracken Ridge Tavern: Phoenix Bar & Lounge 8pm

WILKO DUO

Full Moon Hotel 8pm

10 SATURDAY**FULL MOON**

Rise Time - 5:27pm

CLOTHES SWAPPING PARTY

Cafe Bohemia 11am

MEET ANITA EAST

Sandgate Town Hall 2pm

CELTIC SESSIONS WITH BLARNEY STONE

Cardigan Bar 3pm

ELLA JONES

EclecTea 5pm

**TOM ROBERTS DUO**

Full Moon Hotel 8pm

RENNY FIELD DUO

The Sands Social 8pm

11 SUNDAY**CHURCH SERVICE**

Sandgate Presbyterian, 50 Loudon St Sandgate 10am - 11:30am

CHRIS STEVENSON

The Sands Social 1:30pm

ALEX HARRIS & DARCE DUO

Full Moon Hotel 2pm

TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

WILKO

Bracken Ridge Tavern: Phoenix Bar & Lounge 3:30pm

15 THURSDAY

MORNING MELODIES - CATHY DRUMMOND

The Sands Social 11:30am

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

16 FRIDAY



OASIS MAK

EclecTea 4pm

BROOK CHIVELL DUO

Full Moon Hotel 8pm

LR MARSH

Bracken Ridge Tavern: Phoenix Bar & Lounge 8pm

BLACK 'N' RED

The Sands Social 8pm

17 SATURDAY

JESS MARTYN

EclecTea 5pm

KLUSTERFUNK

The Sands Social 8pm



RIVER CITY SLING

Full Moon Hotel 8pm

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The Sands Social 1:30pm

DARYL JAMES DUO

Full Moon Hotel 2pm

CHEYNE STARKIE

na 3pm

TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

WILKO

Bracken Ridge Tavern: Phoenix Bar & Lounge 3:30pm

22 THURSDAY

MORNING MELODIES WITH CHRIS BENT

The Sands Social 11:30am

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

23 FRIDAY



OASIS MAK

EclecTea 4pm

MAT MCCOUAT

Bracken Ridge Tavern: Phoenix Bar & Lounge 8pm

TOM & EM DUO

Full Moon Hotel 8pm

JAMMING

The Sands Social 8pm

24 SATURDAY

BLUEGRASS JAM

Cardigan Bar 3pm

PAINT & SIP WITH PINOT & PICASSO

The Sands Social 3pm

TONY DEE

EclecTea 5pm

**STATE OF APPALACHIA DUO**

Cardigan Bar 7:30pm

STEVENSON ST DUO

The Sands Social 8pm

BEN STEWART DUO

Full Moon Hotel 8pm

25 SUNDAY

CHURCH SERVICE

Sandgate Presbyterian, 50 Loudon St Sandgate 10am - 11:30am

CHRIS FRANC

The Sands Social 1:30pm

WILKO DUO

Full Moon Hotel 2pm

DENNIS COMINO

na 2:30pm

TUNES ON THE TURF - OPEN MIC

EclecTea 3pm

JACK SWEENEY

Phoenix Bar & Lounge 3:30pm

29 THURSDAY

OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

30 FRIDAY

OASIS MAK

EclecTea 4pm

EXPRESSION 2022

Callan Centre, St Patricks College 6pm

VINYL CLUB

Cardigan Bar 7pm

AMY VARLEY DUO

Full Moon Hotel 8pm

SIMPLY TWO

The Sands Social 8pm

THE GUITAR BROTHERS

Phoenix Bar & Lounge 8pm



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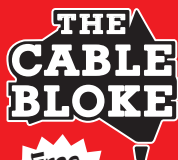
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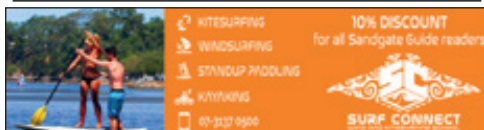
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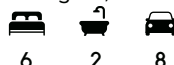
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